

LODO

TABELA DE ALERGÉNIOS



CONTÉUDO DE ALERGÉNICOS DE CADA PRATO - RESTAURANTE LODO

PRATOS	 AIPO	 GLÚTEN	 CRUSTÁCEOS	 OVOS	 PEIXES	 TREMOÇO	 LACTOSE	 MOLUSCO	 MOSTARDA	 FRUTOS CASCA RIJA	 AMENDOINS	 SÉSAMO	 SOJA	 SULFITOS
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ENTRADAS

Carcaças Torradas		✓												
Queijo de Ovelha Amanteigado							✓							
Patanisca do Lodo		✓	✓	✓				✓						
Presunto Ibérico														
Rissol de Berbigão	✓	✓	✓	✓				✓						
Croquete de Camarão	✓	✓	✓	✓										
Croquete de Lingueirão	✓	✓	✓	✓										
Trilogia da Ria	✓	✓	✓	✓										

MARISCAR

Ostra Ria Formosa								✓						
Ostra Natural								✓						
Trilogia de Ostras								✓					T	
Tiradito de Vieira								✓					✓	

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MARISCAR

Amêijoia à Bulhão Pato			T					✓						
Berbigão da Velhota			T					✓						
Conquilhas			T					✓						
Camarão Listado			✓		T									
Gambas ao Alinho			✓		T									
Gambas da Costa			✓		T									
Lingueirão na Chapa			T					✓						
Polvo ao Alinho			T		✓			T						

ACOMPANHAMENTOS

Batata Frita Caseira		T												
Arroz Lodo												✓		
Salada Mista														
Legumes Salteados												✓		

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ESPECIALIDADES

Arroz de Lingueirão	✓		✓		T			✓						
Cataplana do Mar	✓		✓		✓			✓						
Xarém à Lodo	✓	✓	✓		T			✓						
Feijoada de Polvo da Ria	✓		✓		✓			T						
Espetada Surf n Turf			✓											
Arroz de Sapateira	✓		✓		T			✓						

CLÁSSICOS

Camarão Tigre XXL			✓										✓	
Bife à Casa							✓							
Salada de Camarão Crocante		✓		✓										
Risotto de Gambas e Vieira	✓		✓		T			✓						
Prego do Lombo		✓												
Entaladinho de Patanisca		✓	✓	✓	T			✓						

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CLÁSSICOS

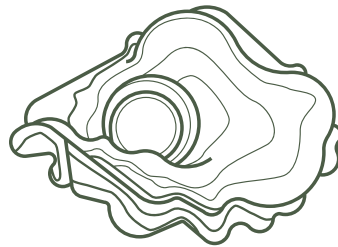
<i>Santola</i>			✓											
<i>Sapateira</i>			✓											
<i>Lavagante Europeu</i>			✓											

FORA D'ÁGUA

<i>Panadinhos de Frango</i>		✓		✓										
<i>Creste di Gallo</i>	✓	✓		✓										

SOBREMESAS

<i>Sorbet de Limão</i>														✓
<i>Mousse de Chocolate</i>		✓		✓							T	T	T	
<i>Eton Mess</i>														
<i>Delícia do Algarve</i>		T		✓							T	T	T	
<i>Dom Rodrigo</i>		T		✓							T	T		



LODO

ALLERGEN TABLE



ALLERGEN CONTENT OF EACH DISH - LODO RESTAURANT

DISHES	 CELERY	 GLUTEN	 CRUSTACEANS	 EGGS	 FISH	 LUPIN	 DAIRY	 MOLLUSKS	 MUSTARD	 NUTS	 PEANUTS	 SESAME	 SOY BEANS	 SULPHITES
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STARTERS

<i>Toasted Portuguese Roll</i>		✓												
<i>Buttery Sheep Cheese</i>							✓							
<i>Lodo's Shrimp Fritter</i>		✓	✓	✓				✓						
<i>Iberian Smoked Ham</i>														
<i>Cockle Pastry</i>	✓	✓	✓	✓				✓						
<i>Prawn Croquette</i>	✓	✓	✓	✓										
<i>Razor Clam Croquette</i>	✓	✓	✓	✓										
<i>Croquette Trilogy</i>	✓	✓	✓	✓										

NIBBLERS

<i>Ria Formosa Oyster</i>								✓						
<i>Natural Oysters</i>								✓						
<i>Oyster Trilogy</i>								✓					T	
<i>Scallops Tiradito</i>								✓					✓	

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NIBBLERS

<i>Bulhão Pato Style Clams</i>			T					✓						
<i>Typical Cockle</i>			T					✓						
<i>Wedge Clams</i>			T					✓						
<i>Boiled Shrimp</i>			✓		T									
<i>Garlic Prawns</i>			✓		T									
<i>Coastal Prawns</i>			✓		T									
<i>Razor Clams on the Grill</i>			T					✓						
<i>Garlic Octopus</i>			T		✓			T						

SIDE DISHES

<i>Homemade Fries</i>		T												
<i>Lodo's Rice</i>												✓		
<i>Mixed Salad</i>														
<i>Sautéed Vegetables</i>											✓			

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SPECIALTIES

Razor Clam Rice	✓		✓		T			✓						
Cataplana	✓		✓		✓			✓						
Cornmeal Porridge	✓	✓	✓		T			✓						
Octopus Black Bean Stew	✓		✓		✓			T						
Surf n Turf Skewer			✓											
Crab Rice	✓		✓		T			✓						

CLASSICS

XXL Tiger Prawn			✓										✓	
House Steak w/ Pepper Sauce							✓							
Crispy Shrimp Salad		✓		✓										
Scallop and Shrimp Risotto	✓		✓		T			✓						
Grain Fed Steak Sandwich		✓												
Shrimp Fritter Sandwich		✓	✓	✓	T			✓						

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CLASSICS

Spider Crab			✓											
Crab			✓											
European Lobster			✓											

OUT OF WATER

Chicken Schnitzel		✓		✓										
Creste di Gallo	✓	✓		✓										

DESSERTS

Lemon Sorbet														✓
Chocolate Mousse		✓		✓							T	T	T	
Eton Mess														
Almond Carob and Fig Cake		T		✓							T	T	T	
Egg, Almond and Cinnamon		T		✓							T	T		